Phristmas Wish fist

This Christmas we are partnering with Aviva, to support Cantabrians who are working to overcome family and sexual violence. We want to make sure that no family wakes up on Christmas morning with no gifts to open. We would love your help.

Donating just one gift will ensure that a parent, child, student or grandparent has a gift this Christmas.

If you can help, we would love the following:

- Children's books, games and toys
- Clothes
- Sports equipment
- Presents for tweens & teens
- Presents for Mum, Dad & other parental figures
- Toiletries & accessories for adults
- (including men /teen boys)
- Vouchers shopping, groceries, petrol
- Wrapping paper and gift tags
- Non-alcoholic treats

Please no: wrapped gifts, secondhand items, alcohol or toy weapons such as nerf guns or water pistols.

